

Thailand 2026 - The Reboot Retreat

Reboot - 28th June - 4th July

Tour - 4th-7th July

Dear beloved community,

We are very happy to invite you into a sacred pause – our Reboot Retreat Thailand, taking place from June 28 – July 4, 2026.

The Reboot Retreat is a gentle reset for body, mind, and nervous system – a space to slow down, realign, and reconnect with yourself through yoga, breath, nature, and shared presence.

For seven days, we gather at Why Nam Beach Resort – a boat-access-only jungle hideaway, where barefoot luxury, ocean rhythms, and untouched nature meet. Hidden between lush jungle and the open sea, this private beach sanctuary becomes our shared home. We arrive by boat, we stay together as one group, and we move through the week as a living, breathing community.

The Place We Call Home

- Private beach with bungalows directly on the sand
- Surrounded by jungle, silence, and sea
- Accessible only by boat
- Shared living as a conscious community
- All meals included: breakfast, lunch & dinner
- 100% vegan cuisine
- Beautiful, high-quality coffee for slow island mornings

The Reboot Experience (7 Days)

Throughout the week, we move gently and deeply through:

- Hatha Yoga (alignment-based)
- Ashtanga Yoga
- Somatic Yoga
- Yin Yoga
- Yoga Nidra
- Breathwork
- Ayurveda talks & embodied lifestyle wisdom
- AcroYoga

We also share one special group experience during the retreat week, including:

- Reiki
- Ice plunging
- A shared meal outside the resort
- Visiting koh Phangan
- Fruit market
- Indian restaurant

Evenings invite connection – sunsets, conversations, stillness – and one evening of music, movement, and celebration.

Certification

This retreat includes a 50-Hour Hatha Yoga Alignment Certification, registered with Yoga Alliance. After the retreat, you will receive an official 50h Yoga Alliance Certificate, carrying not only hours – but lived experience.

Massage & Care

- Healing massages are available at the resort
- Massages are not included in the retreat price and can be booked individually on-site

Package (All prices in USD)

Reboot Retreat Only (7 days):

- Shared room: \$2,300
- Single room: \$2,600

Reboot Retreat + 3-Day End Tour:

- Shared room: \$2,900
- Single room: \$3,200



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3-Day End Tour — Integration in Motion

After the retreat, those who wish continue together on a 3-day journey:

- Waterfall visits
- Elephant sanctuary
- Snorkeling
- Island hopping by boat
- Temple visits
- Shared meals and gentle integration

There are no guided yoga classes during the tour days.

If your body calls for self-practice, space is always held for it.

What Is Included

- Beachfront accommodation
- All vegan meals
- Full retreat program
- One group experience during the retreat week
- 50h Yoga Alliance certification
- End tour experiences (if chosen)
- Boat transfers & local transfers

Not included

- Flights
- Massages
- Personal Expenses

This retreat is not an escape.

It is a remembering — of rhythm, simplicity, presence, and the quiet joy of living close to nature and truth.

We are happy to welcome you on this journey,

Ceyda Fatma Saltadal
Krishna Tiwari
Funda Monn Birinci

